

Compass

Your guide to Girl Scout adventures | Program 2023-2024



Compass

Program Edition 2023-2024

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Wow! It is hard to believe that a year has passed since I joined GSME.

And what a year it has been! I have experienced all my firsts: Girl Scout Summer Camp, Fall Product Program, annual fundraising, Transforming Leadership, the Girl Scout Cookie Program, Annual Celebration, our very first golf tournament, and came full circle kicking off another summer camp season.

I am constantly amazed by the level of passion, dedication, and commitment our volunteers and members demonstrate for our mission. This was on full display when our small but mighty delegation of 5 attended the 56th National Council Session (NCS) in July. It was truly inspiring to see hundreds and hundreds of girls and adults come together to advance our movement.

The week was full of touching moments from the opening flag ceremony, to hearing from Gold Award Girl Scouts, to experiencing the incredible Phenom Expo. The highlight for me was listening to our girl members' thoughts and arguments both for and against the proposals being presented. Without exception, every girl spoke articulately and emotionally with respect and honesty in front of more than 1,400 people. It is a testament to the skills that Girl Scouts instills and made me so proud to be a part of this organization.

I look forward to the coming year serving our community, our members, and our mission.

With gratitude,

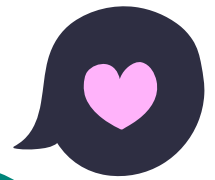


“My experience at Phenom taught me a lot about friendship, especially that friends can be like family members.”

*Maeve,
9-year-old Junior
from Topsham*



Girl Stories



Helping Out the Local Humane Society

Troop 1290 decided early on this year, that they wanted a good portion of their cookie profits to go towards their furry friends. The girls went to a local pet store to buy pet food and supplies that would ensure local cats and dogs stayed full and healthy. They donated the supplies to Midcoast Humane, a nonprofit animal shelter in Brunswick after receiving a tour of the facility and meeting a few pups!



Visit to Ashland Logging

This June, Troop 1585 took a field trip to the Ashland Logging Museum where they learned all about Maine's lengthy logging history and the ways of life from early generations. The girls ended the visit on a sweet note with homemade chocolate chip cookies baked in a reflector oven, yum!



Camping Rain or Shine

Rainy weather may have changed Troop 1312's plans to camp outside, but in true Girl Scout fashion, the girls problem solved and camped in! The 15 Daisies and Brownies participated in all the usual camping to-do's: roasting marshmallows, tie-dyeing, trail-hiking, tenting out, making pizzas, and they even ended the overnight with a bridging ceremony.



Every Mile is a Memory

After years of planning, saving, and organizing, Troops 583 and 1569 of Bath embarked on a 17-day cross-country road trip of a lifetime. Starting on Route 66 in Maine, the girls made it all the way to California, successfully traveling through 30 U.S. states by the end of the trip. Throughout their wanderlust journey, the group experienced dozens of incredible landmarks and national sites like Dollywood, the Grand Canyon, the Cleveland Rock and Roll Hall of Fame, Seneca Falls, and tons of fascinating museums (to name a few)!

Tea and Talent in Lamoine

In an effort to bring the young and old from the Lamoine community together, three Juniors from Troop 1008 decided to organize “Sunshine Tea & Talent Show”! After getting word out for their event through flyers, emails, social media posts, and good old-fashioned word of mouth, the girls rallied 15 local performers who showcased their talents across a wide variety of categories such as dance, music, magic, animals, and more!



Booth Sale Duo

Girl Scouts, Elizabeth and Vivi, from Troop 1585 worked hard this cookie season! They sold delicious treats at the Washburn Trailside thanks to generous owners, Jared and Jen who were happy to support the cause.



Camping Skills at Lily Bay State Park

Multi-level Troop 907 took a day trip to Lily Bay State Park for a lesson in fire safety, compass skills, and navigation. After building a reflector oven, the girls made corn bread, chocolate chip cookies, and enjoyed hot dogs and s'mores over the fire!



Troops Helping Troops

After being away on deployment for 11 months, the soldiers of the 120th RSG were thrilled to receive a taste of home from their favorite Maine Girl Scouts. Troop 1269 and Troop 1372 of Richmond teamed up to raise and donate more than 250 boxes of Girl Scout Cookies to offer soldiers a little piece of home this spring.



Troop 545 Earned the Bronze Award

Junior Girl Scouts from Troop 545 teamed up with the Children's Discovery Museum of Central Maine to design and create mobile museum boards for local children to interact and play with. The project not only serves as a free community resource but promotes the museum too!



GSME Went to NYC

Six girls from Troop 1155 in Topsham visited New York City in June with a larger group of Girl Scouts from all around the state. The girls got their well-deserved taste of the city by visiting Central Park, Times Square, the 9/11 Memorial, and Madame Tussaud's where they got to see a wax figure of Juliette Gordon Low!



Two Troops Made a Pet Pantry Donation!

Girl Scouts from Troop 1339 and Troop 1454 went on a shopping spree for their local furry friends at the No Bowl Empty 2 Pet Food Pantry in East Waterboro. Not only did the girls get a lesson in budgeting, shopping, and donating—they also got to tour the pantry facilities and learn more about the community impact of non-profits that support animal welfare.

The 2023 Fall Product Program provides an opportunity to “Own Your Magic” while learning more about the Ocelot.

Benefits of Participating:

- Learn and practice the Five Skills: Goal Setting, Decision Making, Money Management, People Skills, and Business Ethics, as you earn troop funds.
- Troops earn \$2.25 for each magazine subscription sold and \$0.85 for each nut item sold. Opting out of rewards can earn troops an additional \$0.25 per magazine and \$0.15 per nut item sold.
- An excellent way to earn startup proceeds to fund your troop's activities and projects throughout the year.

How the Fall Product Program Works:

There are two ways for entrepreneur Girl Scouts to participate:

- In person by taking orders using the nut order card and collecting payments.
- Online by inviting friends and family to place an order—choosing to have nuts, chocolates, or magazines shipped directly to them or delivered by their Girl Scout.

Important Dates:

- **9/15/23:** Program begins—online ordering opens and Girl Scouts may sell in person.
- **10/29/23:** Last day of order taking with the order card AND deadline to enter the items sold into the online system.
- **10/31/23:** Last day for online girl delivery orders.
- **10/31/23:** Last day for online orders for magazines and shipped nut and chocolate orders.
- **11/16 - 11/17:** Nut and chocolate items will be delivered to service unit sites.

All About Ocelots

Scientific Name:
Leopardus Pardalis

Weight:
18 – 34 pounds

Length:
2.2 – 3.3 feet

Tail Length: 10 – 18 inches

Gestation Period: 79 – 82 days

Interesting Facts:

- Ocelots live in rainforests
- Ocelots are picky eaters
- Ocelots are nocturnal
- Ocelot's coats are unique (no two ocelots have the same markings)







Questions? Contact us at support.gsnutsandmags.com or 1-800-372-8520

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Your Year in Girl Scouts



September	October	November	December
<ul style="list-style-type: none"> Join or renew on time and start planning your year! Invite new members to your troop September 15: Fall Product Program begins September 30: GSME Council Open House 	<ul style="list-style-type: none"> October 11: International Day of the Girl October 31: Celebrate Founder's Day (Juliette Gordon Low's Birthday) 	<ul style="list-style-type: none"> Practice a flag ceremony and participate in local Veteran's Day events November 4: Transforming Leadership 	<ul style="list-style-type: none"> Talk about community service and Take Action projects you can do in your community Embrace winter and check out our Winter Gear Resource Guide  <ul style="list-style-type: none"> Participate in GSME's Winter Outdoor Challenge
January	February	March	April
<ul style="list-style-type: none"> Happy New Year! Attend a Cookie Rally and update your Girl Scout Cookie Program goals. 	<ul style="list-style-type: none"> February 1: Girl Scout Cookie Program begins February 22: World Thinking Day—celebrate with your troop, service unit, and beyond 	<ul style="list-style-type: none"> March 10-16: Girl Scout Week—learn all the ways to participate at: <ul style="list-style-type: none">  March 12: Girl Scouts birthday Cookies arrive in Maine! 	<ul style="list-style-type: none"> Volunteer Appreciation Month—celebrate the incredible volunteers that support your Girl Scout. Find ideas at: <ul style="list-style-type: none">  Cookie Booths Early Renewal Begins April 20: Green ME Up April 22: Earth Day
May	June	July	August
<ul style="list-style-type: none"> May 11: Annual Celebration Plan your end-of-year ceremonies! Early Renewal continues 	<ul style="list-style-type: none"> Celebrate an amazing Girl Scout year with an end-of-the-year celebration and/or bridging ceremony. 	<ul style="list-style-type: none"> Participate in GSME's Summer Outdoor Challenge 	<ul style="list-style-type: none"> August 10: National S'mores Day 

For more activities and troop ideas, follow along with our Girl Scout Spirit Year activities at <https://bit.ly/GirlScoutSpiritYear>.



Events for everyone!

GSME Council Open House

September 30, 2023

South Portland Service Center, 138 Gannett Drive, South Portland

Come experience the new program space and explore our “refreshed” service center. Work on the new Maker badges and Resilient. Ready. Strong. patch program, a community service project, and tell your story in our media studio. There will be giveaways, a CEO meet and greet, face painting, and more! Open to all members, non-members, and all ages.

Can't be at the Open House? Join us in kicking off a Weekend of Service by making a difference in your community as Girl Scouts throughout the state do the same!



Transportation Expo

October 14, 2023

Cole Transportation Museum, Bangor

Participate in hands-on activities with the varied aspects of the transportation industry past, present, and future. From cars to trains and planes and more, explore transportation, “touch-a-truck,” and work on your Automotive Design and Mechanical Engineering badges. Learn about the past and the present so you can design the future! This event is open to the public, pre-registration is strongly encouraged. Kids (all ages) FREE/Adults \$5.





Green ME Up

April 20, 2024
L.L.Bean Campus, Freeport

Celebrate Earth Day with a hands-on, fun-filled day learning how you can help keep Maine green today and in the future. Join us for interactive and earth-friendly activities for the whole family! FREE admission and parking, live musical entertainment, and open to the public. It will be an awesome day for all ages!

Annual Celebration

May 11, 2024
Messalonskee Performing Arts Center, Oakland

Save the Date—you don't want to miss the exciting new opportunities for Girl Scouts of all levels at next year's event! We will continue to honor our Silver and Gold Award Girl Scouts, Graduating Ambassadors, Future Leaders Scholarship recipients, and our amazing adult volunteers.

Events and activity registration, cancellation policy, updates, and newly added events can be found at www.girlscoutsofmaine.org/eventlist.

Discover your inner Paper Scientist with Sappi!



Thanks to the generosity of our long-time supporter and Program Partner, Sappi North America, Girl Scouts in Maine have the exclusive opportunity to work hands-on with engineers and paper scientists! Girls can complete the Sappi Paper Scientist patch while working in a lab, making paper, and conducting tests on products.



sappi

A leading global provider of sustainable wood fiber products and solutions.

Program Highlights



Whether you are a first year Daisy or an experienced Cadette—we have opportunities for your year of fun, adventure, and discovery covered!





Daisies

Ready to try new things and have fun? Then you are going to LOVE being a Daisy!

Check out these cool activities to get you started on your Girl Scout journey. Start choosing your own adventure in Girl Scouting now.

Transportation Expo

October 14, 2023
Bangor, ME
10:00 a.m. - 2:00 p.m.
Girl fee: \$0 / Adult fee: \$5

Evergreen Almost Sleepover

December 9, 2023
Bangor, ME
5:30 p.m. - 8:00 p.m.
Girl fee: \$30 / Adult fee: \$0

Bubble Gum Lab Almost Sleepover

February 10, 2024
Bangor, ME
5:30 p.m. - 8:00 p.m.
Girl fee: \$30 / Adult fee: \$0

Green ME Up!

April 20, 2024
Freeport, ME
10:00 a.m. - 2:00 p.m.
Girl fee: \$0 / Adult fee: \$0

Ooey Goey Science FauxVerNight

May 4, 2024
Portland, ME
5:00 p.m. - 8:00 p.m.
Girl fee: \$35 / Adult fee: \$15

Intro to Outdoor Skills

June 8, 2024
Bridgton, ME
9:00 a.m. - 12:00 p.m.
Girl fee: \$14 / Adult fee: \$6

New badges for Daisies! Learn more about each badge and more at www.girlscouts.org/badgeexplorer.



Craft and Tinker



Art and Design



Create and Innovate



Animal Observation



Brownies

More fun, more adventure, more opportunities to lead the way and make a positive impact in your community as a Girl Scout Brownie.

So many activities to do, places to go, and things to learn—check these out!

Transportation Expo

October 14, 2023

Bangor, ME

10:00 a.m. - 2:00 p.m.

Girl fee: \$0 / Adult fee: \$5

Bubble Gum Lab Almost Sleepover

February 10, 2024

Bangor, ME

5:30 p.m. - 8:00 p.m.

Girl fee: \$30 / Adult fee: \$0

Night at the Theatre: Mo Willems Knuffle Bunny

February 3, 2024

Portland, ME

4:30 p.m. - 7:00 p.m.

Girl fee: \$35 / Adult fee: \$15

Green ME Up!

April 20, 2024

Freeport, ME

10:00 a.m. - 2:00 p.m.

Girl fee: \$0 / Adult fee: \$0

Ride the Rails to Boston Museum of Science

May 18, 2024

Portland, ME

7:30 a.m. - 6:30 p.m.

Girl fee: \$48 / Adult fee: \$53

Outdoor Skills Day

June 8, 2024

Bridgton, ME

9:00 a.m. - 4:00 p.m.

Girl fee: \$19 / Adult fee: \$6

** with optional add-on overnight*

GSME Amazing Race: Portland

June 22, 2024 | Portland, ME | 9:00 a.m. - 4:00 p.m. | Girl fee: \$14 / Adult fee: \$14

New badges for Brownies! Learn more about each badge and more at www.girlscouts.org/badgeexplorer.



Art and Design



Craft and Tinker



Create and Innovate

Juniors

Are you ready to travel further, explore more, take action, and get the most out of our Girl Scout experience? Then get ready for all that you can do as a Girl Scout Junior—here is just a sampling!

Travel, outdoor fun, and overnights—check these out!

Transportation Expo

October 14, 2023

Bangor, ME

10:00 a.m. - 2:00 p.m.

Girl fee: \$0 / Adult fee: \$5

Travel Your Way: Girl Scout Travel Opportunities

October 22, 2023

Online

3:30 p.m. - 5:00 p.m.

Girl fee: \$0 / Adult fee: \$0

World Thinking Day for Juniors Overnight: From You to the World

February 24-25, 2024

Bridgton, ME

9:30 - 11:30 a.m.

Girl fee: \$33 / Adult fee: \$19

Hoops and Yoga Overnight

March 16-17, 2024

Augusta, ME

3:00 p.m. - 10:00 a.m.

Girl fee: \$66 / Adult fee: \$13

GSME Goes to Boston

April 18-19, 2024

Boston, MA

7:00 a.m. - 6:30 p.m.

Girl fee: \$150 / Adult fee: \$150

Outdoor Skills Day

June 8, 2024

Bridgton, ME

9:00 a.m. - 4:00 p.m.

Girl fee: \$19 / Adult fee: \$6

** with optional add-on overnight*

High Flying Adventure

June 1, 2024 | Wiscasset, ME | 10:00 a.m. - 12:30 p.m. | Girl fee: \$23 / Adult fee: \$23

New badges for Juniors! Learn more about each badge and more at www.girlscouts.org/badgeexplorer.



Animal Habitats



Art and Design



Craft and Tinker



Create and Innovate



Mental Health

Awareness: Knowing My Emotions—enjoy activities supporting mental wellness and healthy habits. This new patch offers positive coping skills and how to name feelings—all from a space where Girl Scouts can be themselves.

Cadettes, Seniors, Ambassadors

As an older Girl Scout, you have more opportunities to grow your leadership skills, travel the world, earn a Highest Award, become a Board Member, join the Teen Advisory Group, and so much more—below are just a few upcoming opportunities. **Discover more at www.girlscoutsofmaine.org/oldergirlscouts.**

Transforming Leadership

November 4, 2023

Orono, ME

9:30 a.m. - 4:30 p.m.

Girl fee: \$29 / Adult fee: \$29

Unwind Your Mind for Seniors and Ambassadors

January 13-14, 2024

Augusta, ME

3:00 p.m. - 10:00 a.m.

Girl fee: \$44 / Adult fee: \$13

Unwind Your Mind for Cadettes

February 10-11, 2024

Augusta, ME

3:00 p.m. - 10:00 a.m.

Girl fee: \$44 / Adult fee: \$13

World Thinking Day Weekend: Making Change in Your World and Beyond

March 1-3, 2024

Bridgton, ME

5:30 p.m. - 11:00 a.m.

Girl fee: \$46 / Adult fee: \$27

Surfing Lessons

June 29, 2024

Old Orchard Beach, ME

7:30 - 9:00 a.m.

8:30 - 10:00 a.m.

Girl fee: \$50 / Adult fee: \$50

Travel, Travel, and more Travel!

Check out the opportunities on pages 24-25.



Cadettes we've got a new badge for you! Earn your Animal Helper badge as you discover how animals help people—and discover how you can help animals in return.



Animal Helper



Mental health matters and these new patch programs from GSUSA are designed to help YOU be the best YOU can be!



Finding My Voice (Cadettes)

Girl Scouts learn about stigma, helping friends, mindful social media, and practicing self-care—all in a safe circle with Girl Scouts you know.



Showing Up for Me & You (Seniors and Ambassadors)

High school Girl Scouts practice self-care, coping with difficult situations, and helping themselves and others. This patch provides resources to explore, share, and reflect from a space where they can hang out and be themselves.



Going for Gold or seeking your Silver Award?

Got a vision for a better world? We're here to help you create lasting change every step of the way—and can't wait to see all that you're going to accomplish.


















The Highest Awards resource pages on the GSME website are the place to go for all of your Highest Awards needs. There you will find Highest Awards guidebooks and forms, leader and parent resources, as well as tip sheets, tools for success, and more! Get started at www.girlscoutsofmaine.org/highestawards.

To find and register for an upcoming training like our Silver Award training (or any activity), visit www.girlscoutsofmaine.org/eventlist.



GSME Programs

September 2023-January 2024

Program Pillar	Date	Reg. By	Program	Time	Location	Girl Fee	Adult Fee	GS Level
	9/30/23	9/20/23	Harvesting Herbs with Shaker Village	9:00 AM-12:00 PM	New Gloucester 04260	\$5	\$0	B/J/C/S/A
	10/14/23	10/14/23	Transportation Expo	10:00 AM-2:00 PM	Bangor 04401	\$0	\$5	All
	10/22/23	10/16/23	Travel Your Way: Girl Scout Travel Opportunities	3:30-5:00 PM	Online 04106	\$0	\$0	J/C/S/A & Adults
	10/28/23	10/11/23	Night Time Trail Hike	6:00-8:00 PM	Old Town 04468	\$13	\$13	2nd yr J/C/S/A
	11/4/23	10/23/23	Transforming Leadership	9:30 AM-4:30 PM	Orono 04469	\$29	\$29	C/S/A & Adults
	11/12/23	10/25/23	Girl Scout Day at UMPI	2:00-4:00 PM	Presque Isle 04769	\$21	\$0	B/J/C/S/A
	11/18/23	11/1/23	Girl Scouts Who Dare	10:00 AM-12:00 PM	Owls Head 04854	\$11	\$9	B/J/C
	11/18/23	11/1/23	Animal Winter Adaptations	2:00-4:00 PM	Old Town 04468	\$13	\$13	B/J
	12/2/23	11/15/23	MakerSpace: Snowflake Decorations	4:30-7:00 PM	Portland 04102	\$25	\$15	D/B/J
	12/9/23	11/29/23	Space Mission Simulation	10:00 AM-12:30 PM	Bangor 04401	\$25	\$0	C/S
	12/9/23	11/16/23	Evergreen Almost Sleepover	5:30-8:00 PM	Bangor 04401	\$30	\$0	D/B/J
	1/6/24	12/13/23	Winter Forest; Signs of Life-Snowshoe Hike	1:00-3:00 PM	Old Town 04468	\$13	\$13	J
	1/13/24	1/3/24	Ice Cold Discovery Day	10:00 AM-2:00 PM	Bangor 04401	\$18	\$0	D/B/J
	1/13/24	12/13/23	Ice Fishing Adventure	7:00-10:00 AM	South Portland 04106	\$11	\$1	J/C/S
	1/13/24 - 1/14/24	1/3/24	Unwind Your Mind for Seniors and Ambassadors	3:00 PM-10:00 AM	Augusta 04330	\$44	\$13	S/A
	1/20/24	1/3/24	Create Your Own Cookie Commercial	10:00 AM-3:00 PM	Presque Isle 04769	\$5	\$0	J/C
	1/28/24	1/22/24	Travel Your Way: Girl Scout Travel Opportunities	3:30-5:00 PM	Online 04106	\$0	\$0	J/C/S/A & Adults



Life Skills



Outdoors



STEM



Entrepreneurship

Program Description

Harvest the season's bounty of herbs from the garden and process them to dry just like the Shakers have been doing since 1783.

Hands-on activities exploring the transportation industry through the ages—learn about planes, trains, automobiles, and more. Work on your Automotive Design and Mechanical Engineering badges at this FREE for girls event. Learn about the past and the present so you can design the future!

Learn about cool national and international travel opportunities for Juniors, Cadettes, Seniors, and Ambassadors!

Celebrate the spooky season and learn about the wildlife that comes out at night as you go on an exploration.

Come together with girls and women from across the state to spark new friendships, try things you've never done before, and learn how to be confidently you, while of course, having tons of fun!

Spend the afternoon in the pool and at the indoor climbing wall at University of Maine at Presque Isle (UMPI).

Enter the world of influential female engineers, navigators, and pilots and learn how they impacted our lives today.

Explore how animals have adapted to survive Maine winters.

Head to the Children's Museum & Theatre of Maine's MakerSpace workshop to experiment with chromatography and make colorful snowflake ornaments!

Participate in Challenger Learning Center's NASA-themed mission simulation.

Prepare for your next sleepover with an almost sleepover at the Maine Discovery Museum centered around the evergreen science lab and a winter decoration.

Trek through the snow and read the landscape looking for clues to animal life in the winter.

Experiment with some bubbly, melty science, explore, and play at the Maine Discovery Museum.

Try out ice fishing with a Registered Maine Guide.

Ring in the new year with a relaxation and stress-busting retreat of yoga, meditation, and time with your fellow high school Girl Scouts.

As a group, create your own cookie commercial at WAGM to use to promote your cookie business.

Learn about all the cool national and international travel opportunities for Juniors, Cadettes, Seniors, and Ambassadors!

GSME Programs

February-May 2024

Program Pillar	Date	Reg. By	Program	Time	Location	Girl Fee	Adult Fee	GS Level
	2/3/24	1/24/24	Night at the Theatre: Mo Willems Knuffle Bunny	4:30-7:00 PM	Portland 04102	\$35	\$15	D/B/J
	2/10/24	1/24/24	Bubble Gum Lab Almost Sleepover	5:30-8:00 PM	Bangor 04401	\$30	\$0	D/B/J
	2/10/24 - 2/11/24	1/24/24	Unwind Your Mind for Cadettes	3:00 PM-10:00 AM	Augusta 04330	\$44	\$13	C
	2/24/24 - 2/25/24	1/31/24	World Thinking Day for Juniors: From You to the World	9:30-11:30 AM	Bridgton 04009	\$33	\$19	J
	3/1/24 - 3/3/24	1/31/24	World Thinking Day: Making Change in Your World and Beyond	5:30 PM-11:00 AM	Bridgton 04009	\$46	\$27	C/S/A
	3/9/24	2/21/24	Exploration Lab	9:30-11:00 AM	Bangor 04401	\$20	\$0	B/J
	3/16/24 - 3/17/24	2/21/24	Hoops and Yoga Overnight	3:00 PM-10:00 AM	Augusta 04330	\$66	\$13	J
	4/18/24-4/19/24	12/1/23	GSME Goes to Boston	7:00 AM-6:30 PM	Portland 04102	\$150	\$150	J/C
	4/20/24	4/20/24	Green ME Up	10:00 AM-2:00 PM	Freeport 04032	\$0	\$0	All
	4/28/24	4/22/24	Travel Your Way: Girl Scout Travel Opportunities	3:30-5:00 PM	Online 04106	\$0	\$0	2nd yr B/J/C/S/A & Adults
	5/4/24	4/17/24	Out of This World	1:00-4:00 PM	Orono 04469	\$20	\$20	D/B/J
	5/4/24	4/24/24	Ooey Goeey Science FauxVerNight	5:00-8:00 PM	Portland 04102	\$35	\$15	D/B/J
	5/11/24	4/24/24	Playing the Past	1:00-4:00 PM	Portland 04102	\$20	\$20	B/J
	5/18/24	5/1/24	Blast Off Rockets	10:00-11:30 AM	Bangor 04401	\$15	\$0	B/J
	5/18/24	5/1/24	Night Time Trail Hike	6:00-7:30 PM	Old Town 04468	\$13	\$13	2nd yr J/C/A/S
	5/18/24	4/24/24	Ride the Rails to Boston Museum of Science	7:30 AM-6:30 PM	Portland 04102	\$48	\$53	B/J



Life Skills



Outdoors



STEM



Entrepreneurship

Program Description

Maddy's Theatre at the Children's Museum & Theatre of Maine is ready to host you for a special live theatre performance of Knuffle Bunny: A Cautionary Musical.

Prepare for your next sleepover with an almost sleepover at the Maine Discovery Museum with some popping bubblegum fun.

Connect with your sister Cadettes in this yoga and meditation overnight centered around relaxation and mental wellness.

Spend time connecting with yourself, your sister Junior Girl Scouts, and global issues in this overnight honoring World Thinking Day and mental wellness.

Spend time connecting with yourself, your sister Girl Scouts, and global issues in this weekend honoring World Thinking Day and mental wellness.

Try out several different stations in the Challenger Learning Center's Mission Control and Space Lab simulators.

A mental and physical wellness overnight just for Juniors, focusing on yoga and meditation through stories. Get the creativity and blood flowing by making your own hula hoop (girls only) and have some fun learning some hoop skills.

Travel with Girl Scouts on the train, visit the Aquarium, spend the night in Boston, and have time to explore on your own!

Be inspired to take action at Green ME Up! Celebrate Earth Day with a FREE, hands-on, fun-filled day learning how you can help keep Maine green today and in the future.

Learn about all the cool national and international travel opportunities for Juniors, Cadettes, Seniors, and Ambassadors!

Complete parts of your Space Science badge as you enjoy an afternoon at the planetarium and observatory.

Do a large scale science experiment, have pizza, and play at the Children's Museum & Theatre of Maine in your PJs!

Tour the Tate House and enjoy colonial period activities such as 18th century games, sewing, butter or cream making, quill writing, and more!

Build a rocket using simple materials and learn about the engineering design process, principles of flight, and analyzing and communicating results.




Grab your flashlight and learn about the wildlife that comes out at night as you go on an exploration.

Depart from Portland on the Downeaster with Girl Scouts from Maine, spend the day at the Boston Museum of Science, and return on the train at the end of the day.

GSME Programs June-August 2024

Program Pillar	Date	Reg. By	Program	Start Time	Location	Girl Fee	Adult Fee	GS Level
	6/1/24	5/15/24	High Flying Adventure	10:00 AM-12:30 PM 1:00-3:30 PM	Wiscasset 04578	\$23	\$23	J/C/ S/A
	6/8/24	5/15/24	Outdoor Skills Day*	9:00 AM- 4:00 PM	Bridgton 04009	\$19	\$6	D/B/J
	6/15/24	6/5/24	Herb Gardening with Shaker Village	9:00 AM-12:00 PM	New Gloucester 04260	\$5	\$0	B/J/C/ S/A
	6/15/24	5/29/24	Harbor to Harbor Kayaking Tour	9:00 AM- 1:00 PM	Rockport 04856	\$65	\$65	C/S/A
	6/16/24	5/29/24	The Buzz About Bees	9:30 AM-12:00 PM 12:30-3:00 PM	Boothbay 04537	\$12	\$16	D/B/J
	6/21- 6/23/24	12/1/23	GSME Goes to Boston	7:00 AM- 6:30 PM	Portland 04102	\$250	\$250	J/C
	6/22/24	6/12/24	GSME Amazing Race: Portland	9:00 AM- 4:00 PM	South Portland 04106	\$14	\$14	B/J
	6/26- 6/30/24	12/1/23	GSME Goes to DC	8:00 AM- 8:00 AM	Bangor 04401	\$675	\$675	C/S/A
	6/29/24	4/3/24	Surfing Lessons	7:30-9:00 AM 8:30-10:00 AM	Old Orchard Beach 04064	\$50	\$50	C/S/A
	7/13/24	6/26/24	Camden Harbor Kayak Tour	10:00 AM-12:00 PM	Rockport 04856	\$35	\$35	C/S/A
	8/10/24	7/3/24	GSME Amazing Race: Boston	7:15 AM- 8:00 PM	Portland 04102	\$54	\$54	C/S/A

VIRTUAL BADGE SERIES | Daisies, Brownies, and Juniors—join Girl Scouts from across Maine to

Program Pillar	Date	Reg. By	Program	Start Time	Location	Girl Fee	Adult Fee	GS Level
	11/7, 11/14, 11/21, 11/28/2023	11/1/23	Badge Series: Democracy	6:00-7:00 PM	Online 04106	\$15	\$0	D/B/J
	1/18, 1/25, 2/1, 2/8/2024	1/10/24	Badge Series: Entrepreneurship	4:30-5:30 PM	Online 04106	\$15	\$0	D/B/J
	3/6, 3/13, 3/20, 3/27/2024	2/28/24	Badge Series: Automotive Design	6:00-7:00 PM	Online 04106	\$15	\$0	D/B/J



Life Skills



Outdoors



STEM



Entrepreneurship

Program Description

Come be part of the ultimate high ropes experience as you traverse through over 30 obstacles, 5 zip lines, and a giant swing.

Spend the day at beautiful Camp Pondicherry and work towards earning part of the Level 1 Outdoor Skills patch. Brownies and Juniors, add on an optional overnight. Daisies have a half-day program from 9 a.m. – 12 p.m. for a reduced price.

Learn about planting, growing, harvesting, processing, and mixing your own herbal tea blends just like the Shakers have been doing in Maine since 1783.

Explore the coastline of Penobscot Bay with Girl Scout sisters by kayak.

The gardens are all a buzz with signs of spring. Take a sneak peak into the fascinating life of the honeybee at the Botanical Gardens as you learn all about native and nonnative bees.

Travel with Girl Scouts on the train, visit the Aquarium and the Museum of Science, spend TWO nights in Boston, and have time to explore on your own!

Navigate Portland in the ultimate walking adventure while building your troop travel skills.

Washington Monument, International Spy Museum, The Smithsonian Museums, Galleries, and Zoos. The possibilities are endless in Washington, D.C. and YOU choose what to see and do during your trip to our nation's capital.

Get an intro to surfing with sister Girl Scouts!

Explore Penobscot Bay by kayak with sister Girl Scouts.

With your team, you'll explore Boston in the ultimate scavenger hunt through the city. Solve clues, visit the sites, complete challenges, and try new things as you develop important travel skills.

Earn these badges. Make new friends, hear from guest experts, and participate in hands on activities.

Program Description

Daisies, Brownies, and Juniors, make new friends with girls around the state as you earn your Democracy badge in this 4 session program with hands-on activities and guest experts.

Daisies, Brownies, and Juniors, make new friends with girls around the state as you earn your Business Design badge in this 4 session program with hands-on activities and guest experts.

Daisies, Brownies, and Juniors, make new friends with girls around the state as you earn your Automotive Design badge in this 4 session program with hands-on activities and guest experts.

Girls on the Go Journey to London and Paris

"I'm already planning my trip back." -Liv

Twenty-four Girl Scouts from Maine took flight overseas for the adventure of a lifetime. They participated in a pinning ceremony at WAGGGS Center Pax Lodge in London and toured the city. A tour highlight was Borough Market where travelers could taste traditional favorites like fish and chips or more diverse options in the most multicultural city in the world like Indian vegetarian, Mexican street food, and chocolate covered strawberries. "There are so many cultures here," said Girl Scout Emily. They waited on French cuisine until they arrived in Paris though!

Paris was full of iconic sites— they toured the Louvre and everyone ran to see the Mona Lisa. "It's smaller than you think! But we were told that by Shannon," said everyone. The girls spent a gorgeous afternoon in the "amazing gardens," according to Finley. While some went up the Eiffel Tower, the foodies of the group toured around trying escargot and yummy macarons. They ended the trip with a day at Disney Paris.

Girls on the Go next goes to Peru in 2024, England, Ireland, and Wales in 2025, and India (WAGGGS Center Sangam) in 2026. Repeat travelers are signed up for all three! Maine Girl Scouts are going places— join them! Learn more at www.girlscoutsofmaine.org/travel.



"My favorite part of Paris was the Versailles Garden, I'd spend our whole trip [to Paris] there."

-Amara



Travel the world with Girl Scouts!

GSME is excited to have Cadettes, Seniors, and Ambassadors join us on our three-year rotation of travel opportunities. Explore with other girls, adults, and troops from throughout Maine on these four-day, three-night trips! We'll provide transportation to and from our destination, lodging, breakfast, and special event swag, and you decide what to do and see while there.



Mark Your Calendar | Details coming soon!

- GSME Goes to Montreal | June 2025
- GSME Goes to NYC | June 2026



GSME Goes to DC!

Dates: June 26-30, 2024

Cost: \$675

Levels: C/S/A

Registration opens: October 1, 2023

Registration deadline: December 1, 2023

(Non-refundable \$150 deposit due.)

Head to our nation's capital with your sister Girl Scouts! Choose your own adventure and see all the sites Washington, D.C. has to offer.

GSME Goes to Boston

Dates: April 18-19, 2024 (1 night)

Cost: \$150

Levels: J/C

Registration deadline: December 1, 2023

Dates: June 21-23, 2024 (2 nights)

Cost: \$250

Levels: J/C

Registration deadline: December 1, 2023

(Non-refundable \$150 deposit due.)

Duck boats, historic walking tours, shopping—whatever adventure you choose awaits you in Boston!



Girl Scout Destinations are the ultimate adventure for individual girls ages 11 and older!

Check out trips and apply by November 15!

www.girlscoutsofmaine.org/travel



Saturday, November 4, 2023
9:30 a.m. - 4:30 p.m.
University of Maine, Orono

Cost: \$29 per girl/adult
Registration Deadline: October 23, 2023
Early Bird: October 1, 2023
Early birds get a FREE T-shirt!

Change-makers, dreamers, go-getters—ready to make the world a better place by being Confidently You? Girls in grades 6-12 and adult Girl Scouts of all ages are invited to the 15th annual Transforming Leadership Conference.

Join Girl Scouts from across Maine to spark new friendships, try new things, and learn how to be Confidently You—while having tons of fun! Participants will choose 60-minute workshops on community and global issues, expressing yourself through the arts, discovering your leadership style, STEM, college prep, financial literacy, well-being, self-care, and more. This can't-miss experience will have something for everyone!

*Open to non-members,
invite a friend!*



Girl Workshops

- Think Like an Engineer
- What's Your Leadership Style?
- College Knowledge
- Express Yourself Through Dance
- Paint Your World
- Money Explorers & Budget Builders
- Meditation Relaxation
- Showing Up for Me & You
- Speak Up!
- Million Women Mentors
- Together We're Stronger
- Agents of Change



Adult Workshops

- STEM
- Supporting Girls Making a Difference in Their Communities
- Raising Amazing Girls: Bullying
- Raising Amazing Girls: Navigating Feelings
- Facilitating Financial Literacy
- Map Reading
- Orienteering
- So, You Want to Take a Hike
- Youth Mental Health First Aid
- FLoW: Facilitating Local Workshops



Girl Scout Grown-ups

Resources, training, adventures, and more just for adults! Discover how good it feels to help Girl Scouts find their voice—while expanding your skill set alongside them.

Looking for resources and support? We've got what you need!

Our website and gsLearn are the places to go for many of your volunteer needs. The Volunteer Handbook, Safety Activity Checkpoints, New Leader's Guide to Success, Troop Activity Guide, Troop Finance Guide, latest guidelines, learning opportunities, and more are all there for you.



Start exploring **Adult Learning** info and links at:
www.girlscoutsofmaine.org/adultlearning



and find resources at
www.girlscoutsofmaine.org/volunteerresources



Seeking adventure and want to expand your abilities? Save these dates.



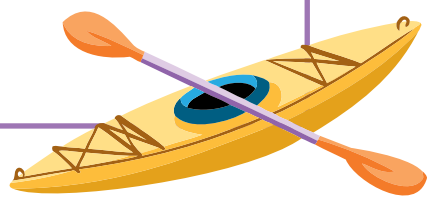
Transforming Leadership
November 4, 2023
University of Maine, Orono
(See page 18 for info.)



**Camp Adventures for Grown-ups:
Chilling Out!**
February 2-4, 2024
Camp Pondicherry, Bridgton



Camp Adventures for Grown-ups
August 11-13, 2024
Camp Natarswi, Millinocket





Girl Scout Volunteer Trainings

Troop Volunteers, Part 2: The Adventure Continues

Prerequisite: Troop Volunteers, Part 1 and at least one troop meeting. This course is required for troop volunteers. This interactive session is designed for new and experienced troop volunteers alike to come with questions and challenges, share discoveries and successes, and bolster your knowledge, skills, and understanding of working with a Girl Scout troop in Maine.

Troop Camp Training, Part 1: Preparation

Learn the basic skills you need to complete a successful Girl Scout camping trip. This course includes lessons on how to work with the girls in planning the trip as well as an overall view of the camping experience with other people's kids: progression skills, what to pack, environmental practices, problem solving, and more! Your next step will be to attend *Troop Camp Training, Part 2: Overnight*—then you will be ready to go camping! This is also a great way to get ready to take your girls on an outdoor field trip!

Troop Camp Training, Part 2: Overnight

Prerequisite: Troop Camp Training, Part 1: Preparation (online)

Our focus is on making your troop's camping experience a good one for everyone, so whether you have never camped or you're a Maine Guide, you'll find treasures to take with you as we practice and share outdoor camping skills for Girl Scouts in Maine. *Register by early bird deadline for \$35. Fee is \$55.*

CPR & First Aid Certification

In the American Red Cross's Blended Learning program, participants complete about three hours of online training at their own pace prior to attending a local skills session where they demonstrate the skills they've learned. *\$55 for members.*

Youth Mental Health First Aid Certification Course

Our youth, especially teen girls, have been experiencing increased mental health challenges in recent years. This certification course will help you recognize the signs & symptoms of mental health challenges and disorders so that you can help youth connect with the best support and services they need. This course requires online pre-work to be completed before you can participate. *\$55 for members.*

Wilderness First Aid

This two-day course teaches advanced skills to be used in emergencies when help from professional first responders may be far away. This course aligns with OSHA's Best Practices for Workplace First Aid Training Programs. *Prerequisites: Must be at least 14 years old and hold current adult First Aid/CPR/AED certification. \$200 for members.*

 Find more information, including all upcoming training dates and registration information, visit www.girlscoutsofmaine.org/eventlist.

Questions or need help? Contact Customer Care at customer care@gsmaine.org or 888-922-4763.



Camp Pondicherry



Camp Kirkwold



Camp Natarzwi



Camp Scelkit

Looking for an amazing location for a family or troop adventure?

Look no further than our GSME camp properties!



Camps Pondicherry, Natarswi, Kirkwold, and Scelkit have beautiful properties for rent. Unplug together, sharpen your outdoor skills, or use the properties as a home base for area adventures (resource lists are available to help you plan activities). Explore available dates and reserve online up to six months in advance at www.girlscoutsofmaine.org/camprentals. Plan ahead—sites go fast!

PLEASE NOTE: Camp Natarswi has limited rentals for members who want to explore Baxter State Park and Mt Katahdin! Rentals are available at Natarswi the end of August-October 1. Natarswi reservations must be made by calling Customer Care at 888-922-4763.

Rentals are for campsites and reserved facilities only. Programming is not included. Staff will not be onsite during your rental.

More details on each of our camp facilities can be found at www.girlscoutsofmaine.org/camprentals.



New Girl Scout year—
the perfect time to
rock your
Girl Scout swag!



From uniform essentials, to cool new spirit wear designs, to GSME exclusive items, our council shop has you covered. Need help with uniform essentials and placement? No worries! We are here to assist you so you can confidently begin your year of fun, discovery, and adventure.

You are also invited to visit us at the South Portland Service Center! Remember, when you purchase through GSME the money stays with our council. Stay tuned for more exciting news as we make plans to take this shop on the road!

Reach out to our GSME Customer Care Team for everything you need to showcase your Girl Scout style.



Visit www.girlscoutsofmaine.org/shop to place an order online or contact customercare@gsmaine.org or 888-922-4763 to place an order for local pick up or shipping.



Bangor Service Center
359 Perry Road Ste B
Bangor, ME 04401-6723

South Portland Service Center
138 Gannett Drive
South Portland, ME 04106

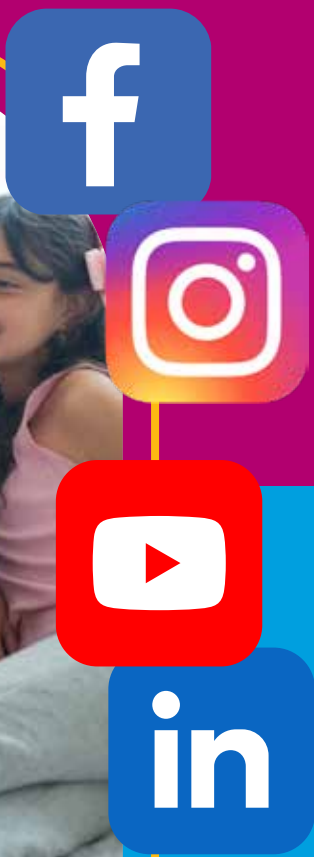
888-922-4763
customercare@gsmaine.org
girlscoutsofmaine.org



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Follow us on Facebook, Instagram, and LinkedIn for the latest news and updates, stories about Girl Scouts across Maine, and more.

Don't forget to tag us @girlscoutsofmaine and share your pics with us so we can share your stories too!

Have something super special going on? Tell us about it so we can cover your story! Just fill out this form www.bit.ly/GSMEGirlStories or send us an email at news@gsmaine.org.